

Musical Theatre

AT HOME LESSON PLANS



WARM-UP & STRETCHING *DAILY FOR 15 MINUTES

- Jumping Jacks, 20
- Run in place for 30 seconds
- Straddle stretch
- Pike stretch standing up and sitting down (pointed and flexed feet with sitting pike)

SKILLS AND CENTER

- Review your dance recital routines and focus on remembering what comes next
- Grab your mom, dad, or sibling and teach them the dance. You'll be so surprised at how much you will improve and gain confidence by teaching the dance to someone else!

LET'S ACT

-**Through the Door** Remember this one? Pick a simple sentence or have a family member provide one, Make sure it's easy to memorize. Then, choose a character from the list below and walk through a door and into the room as that character. Stop in front of your imaginary audience and say the line in the voice of the chosen character. Then, turn and walk back through the door as that character. Focus on your quality of movement and before you go through the door ask yourself: Would my character move light or heavy, direct or indirect, sustained or sudden? Focus on your voice: Are your words understood? Can you be heard?

List of Characters:

- Astronaut
- Ballerina
- Cheerleader
- Monster
- Sleepy child
- Angry toddler
- You choose a character

SCENE STUDY

-Memorize your lines for your scenes in the recital. Beginning and Intermediate Musical Theatre: your scenes are below. Advance musical theatre: use your script.

EXTRA CREDIT

-Below is a link to 15 Broadway Shows that you can watch from the comfort of your home. Parents, please preview and make sure that the show's content is appropriate for younger children.

BROADWAY SHOWS

[https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home?
fbclid=IwAR03U_HAt7v61DhS65rqu9SaSiqFh2M0pGTLmz0cH3UkLfNgWxXRhZj0Chw](https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home?fbclid=IwAR03U_HAt7v61DhS65rqu9SaSiqFh2M0pGTLmz0cH3UkLfNgWxXRhZj0Chw)

Beginning Musical Theatre

Show 1 and Show 2

Poppy: Marlowe Norton
Glitzy: Kyah Leason
Diamond: Ana Karen Alvarez
Snazzy: London Senviel
Happy: Mariska Astuto
Satin: Ciani Santillan
Dewdrop: Madison Johnson

Show 3 and Show 4

Poppy: Hazel Gaddy
Glitzy: Sadie Benton
Diamond: Kennedy Stallings
Snazzy: Sydney Elder
Happy: Avery Anderson
Satin: Patience Walets
Dewdrop: Eliza Alexander

Poppy: It's a BEAUTIFUL day! The sun is out , the flowers are in full bloom, and...

Glitzy: My hair is totally on fleek!

Diamond and Snazzy: OH, YEAH!!!!

Happy: Hey, guys! I know you're super pumped up and all but aren't you forgetting something?

Diamond and Snazzy: It's the end of Trollstice!!!! WOOHOO!!!

Satin: Ok, everyone! Let's practice our big dance number one more time!

Dewdrop: It's got to be PERFECT! So let's go trolls. Places!!!

Int Musical Theatre Scene

Cast A

Lisa: Addison Cowart
Patrica: Sydnee Luckie
Karen: Sunny Lin
Peggy Sue: Miriam Patton
Donna: Christina Kalos
Mary: Arianna Langford

Cast B

Lisa: Bella Ayala
Patrica: Lauren Mason
Karen: Midori Childs
Peggy Sue: Jordyn Snow
Donna: Marley Santillan
Mary: Jordyn Surrell

Cast C

Lisa: Aariah Henry
Patrica: Peyton Shealey
Karen: Allie Grace Ashlock
Peggy Sue: Honoria Holton
Donna: Khloe Moultrie
Mary: Kaylah Leason

Lisa: That party was sooo groovy!!!

Patrica: It was neat!!!! Much better than that bean wagon we went to last Friday.

Karen: Yeah, it was such a drag! But this place was twisting and jerking all over the place.

Peggy Sue: And the tunes they were playing were FAB! Hey, that reminds me. Guess what album I just got!!!!??????

Donna: Calm down, Peggy Sue! I can see you're super jazzed about it!!! What did you get??

Mary: Yeah, girl! Don't flip your wig! Just tell us.

Peggy Sue: Only the most coolest one out there. The Fab Four!

All Girls: AHHHHH!!!!!!

Lisa: I just love them!

Patrica: I call dibs on Paul!

Donna: George for me, please!

Karen: The Beatles are far out but have you heard the latest from The Marvelettes??

Mary: Yes, I have! It's so good. And you know what I like about it? They're a group of strong African American women.

Lisa: Oh, I love it! Times, they are a changing!!!!

Peggy Sue: For sure! Welcome to the 60s, baby!!