



FAIRY TALE FOREST

At home lesson plans for Twirl & Tap, Kinder Combo, and Move & Groove



Music

Click on this link to view a great Spotify playlist! If you have a Spotify account, you will be able to play the songs in their entirety. Otherwise, you can use similar songs of your choice!

https://open.spotify.com/playlist/21wqXXvGaSPIRBRWDOM8Cy?si=b9cpO2bNQLibGahKdo5_Vw

Twirl - start with a fun song and stretch

MONTHLY SKILLS

Good / bad posture	1st position	Tendu	Echappé
Floor stretches	2nd position	Arabesque	Piqué
Elevé & Relevé	Demi plié in 1st	Flamingo walks	
Bouree	Relevé	Curtsey	

CROSSING & CENTER COMBO

Use props and incorporate skills to create a fun crossing. For example: 3 plies, arabesque R/L, tendu / passe / tendu, bouree turn in hoop. Then, use props and incorporate skills to create a fun center combination. Each week time you practice, add something new to the choreography.

Tap

MONTHLY SKILLS

Marches	Toe back together	Sh hop toe	Shuffle	Sh jump
Right and Left	Flash trick step	Sh step	Sh hop	Sh step
Point together	Shuffle	Sh ball change	Sh hop toe	Sh cha cha
Heel together	Sh hop		Sh ball change	Sh toe back

CROSSING & CENTER COMBO

Use props and incorporate skills to create a fun crossing and a center combination. Each time you practice, add something new to the choreography.

Move & Groove

MONTHLY SKILLS

Step dig	Battement	Jazz walks
Cross turn	Chassé crossing	Shoulder rolls
Chasse side to side	Passé hop	Step touch behind

CROSSING & CENTER COMBO

Use props and incorporate skills to create a fun crossing and a center combination. Each time you practice, add something new to the choreography.

Props

Butterfly wings, wands, tiaras, teddy bears, fairy dolls, unicorns, fairy dust, magic hoop, floor stars, floor circles